

WEST HQ – HYGIENE PRACTICES COVID-19



Customers of West HQ should be confident to know we are vigorously adhering to governance as passed down by the NSW Health Department.

In addition to our existing high health and safety standards, West HQ has implemented the following supplementary measures to ensure our venue environment remains safe:

- Additional hand sanitising units installed across the business in major traffic areas, outside bathrooms, beside ATMs and in foyers
- Increased touch point sanitisation throughout the destination, with focus on handrails, swipe terminals and ATMs
- Communication across our Fitness brands encouraging patrons to practice good hygiene such as wiping down equipment before and after use, as well as washing and sanitising hands more frequently

Remember good hygiene is the best defence against spreading COVID-19. West HQ encourages all to practice proper hygiene methods including:

- Washing your hands regularly with soap and water (or use hand sanitiser), particularly before and after eating, and after touching items such as doorknobs
- When coughing or sneezing cover your mouth and nose into a flexed elbow
- If you are feeling unwell, please don't risk your health or the health of others – stay at home
- Avoid touching your face, eyes, nose, and mouth as this is how the virus can enter your body
- Avoid close contact with others such as touching and hand shaking
- Dispose of tissues after single-use
- Follow [health guidelines](#) issues regarding latest updates.

ENTERTAINMENT / FITNESS / LIFESTYLE / ACCOMMODATION

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